



Pre School Sickness Policy

The Pre School provides an environment that is healthy for all attendees (employees & children). In order to maintain such an environment, all staff and children need to be fit, well and in good health; sick children i.e. those who pose a significant risk of infection to others, should remain at home.

Pre School Exclusion Periods

The following table provides the sickness exclusion policy adopted by the Lilly Brook Childcare LTD. We have taken on board recommendations by The Health Protection Agency although we reserve the right as an independent organisation to make independent decisions.

Illness or Condition	Exclusion Period
Tonsillitis	If a child has tonsillitis and is on antibiotics please follow the antibiotics guidance below. Please return to pre school once your child is well again with no temperature and no cough guidance for absence of this type is 5 – 7 days from onset.
Bronchiolitis	Until the child has fully recovered. This meaning no temperature, child is well in themselves and any medication has been finished. No cough and wheeze
Chicken pox	Until at least 5 days after the appearance of the last crop of spots, when they are fully crusted over and when the child feels well enough. No temperature
Conjunctivitis	Child is excluded for 48 hours after the first course of antibiotics Until the eye is treated and appears normal again.
Diarrhoea and/or vomiting	Until 48 Hours from the last episode of diarrhoea or sickness.
“Slapped cheek” disease	Until the child feels physically well, no temperature and no rash.
Hand foot and mouth disease	Until all the blisters have healed this usually takes between 7-10 days
Head lice	Until the first course of treatment has been given. Parents must repeat treatment seven days later. Hair must be up on return to pre school until the secondary treatment has been given. If children are presenting regularly with untreated hair this may become a cause for safeguarding concern. Please talk to staff or manager if your child has head lice and you have difficulty treating it for whatever reason.
Hepatitis A	Until the child feels well and for 5 days after the onset of the jaundice
Impetigo	Until the infection has completely healed.
Measles	1 week (7 days min) and the child is well enough
Mumps	10 days
Ringworm	After the first course of treatment has been given. 24 hours
Rubella (German Measles)	10 days and the child is well enough
Scabies	48 hours after the first course of treatment

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Scarlet fever	48 hours after the first course of antibiotics has been given and the child is well enough
Shingles	7 days minimum or the rash is no longer weeping and does not need to be covered
Threadworms	After the first course of treatment has been given
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Verrucae	The verruca must be covered with a waterproof plaster or application of proprietary treatment.
Whooping cough	5 days after the first course of antibiotics has been given and the child is well enough
A child on antibiotics	Until at least 48 hours after the first course of antibiotics has been given and the child is well enough
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Meningitis viral	7 days minimum or Until the child is well enough
Meningitis (meningococcal)	A minimum of 7 days and At least 48 hours after treatment of antibiotics and only when child is fully recovered.
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Meningitis (due to other bacteria)	A minimum of 7 days and At least 48 hours after treatment of antibiotics and only when child is fully recovered.
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Cold's / general Health and wellbeing	<p>If a child appears generally unwell and is struggling with a session, we reserve the right to send a child home.</p> <p>If a child is sent home due to being unwell, we reserve the right to ask that they are not bought back for 24 hours.</p> <p>A parent may be called if a child is struggling with interactions and not accessing the environment or EYFS activities.</p> <p>We will send home children who have a temperature in the red that is consistently remaining high or climbing within the red zone on the thermometer</p>

Temperature monitoring

- All children's temperatures are recorded on arrival.
- If a child is in the amber range we call parents to advise they are registering in the amber and we are monitoring their temperature closely. If in Amber Children will have their temperatures taken every 10 mins.
- If a child is lethargic, generally unwell, not wanting to take part in activities and in amber phase we reserve the right to contact you to collect.
- If a child is in the red phase whether they appear well or not. We will call parents after the first red temperature to inform them of the temperature. We will take three more in 10 minute intervals. If the temperature remains in red you will be asked to collect.
- **It is important to note that if your child has any (this can be one or all) of the main COVID 19 symptoms.**
 - **A high temperature**
 - **A continuous cough**
 - **Loss or change of smell or taste**

The child should not attend pre school until a negative result has been obtained

- We require parents to arrange for a COVID Polymerase chain reaction (PCR) test and send us proof of results.
- Your child should not attend the early years setting whilst you are waiting for a result even if they are feeling better. We need to do this to safeguard all at pre-school, as we are responsible for monitoring sickness and reporting as required when :
 - o If there are 2 or more cases (children or staff) within a group of 20 or less that have tested positive for COVID within a 10 day period.
 - o If there are 5 children or staff or 10% of a group of 20 or more who have tested positive for COVID 19 within a 10 day period.

Traffic light Temperature monitoring explained

Temperature	Colour indicator	What does this mean?
35.5 – 37.3	Green	Normal average expected
37.4 – 38.0	Amber	Slight Fever
38.1 – 42.9	Red	High Fever

If a child is found to have an infectious disease during a Pre School session the parent/guardian will be immediately informed and the child will be excluded in accordance with the table above.

Informing the Pre School of Child Sickness

Parents/guardians of sick children kept at home are asked to inform the Pre School of the condition affecting the child as soon as possible.

Please report all sickness and illness absences via our website under absence reporting: <https://www.lillybrookchildcare.co.uk/absence-lateness-recording>

Parents/guardians of sick children are asked to apply the exclusion policy as detailed in the table above.

Cuts & Sores

Cuts and open sores are potentially high-risk areas for infectious diseases. Employees and parents/guardians are asked to ensure that children having cuts or open sores have the area appropriately dressed prior to attending the Nursery.

PROCEDURE

We will follow these procedures to ensure the welfare of all children within the nursery:

- If a child becomes ill during the pre-school day, the parent(s) will be contacted and asked to pick their child up as soon as possible. During this time the child will be cared for in a

quiet, calm area with their key person or another familiar member of staff within the child's room.

- Should a child have an infectious disease, such as an ear infection or sickness and diarrhoea, they should not return to nursery until they have been clear for at least 48 hours.
- It is vital we follow the advice given to us by our registering authority and exclude specific contagious conditions, e.g. sickness and diarrhoea and chicken pox to protect other children in the pre-school. Illnesses of this nature are very contagious; it is exceedingly unfair to expose other children to the risk of an infection.
- If a contagious infection is identified in the pre-school, parents will be informed to enable them to spot the early signs of this illness. All equipment and resources that may have come into contact with a contagious child will be cleaned and sterilised thoroughly to reduce the spread of infection.
- It is important that children are not subjected to the rigours of the pre-school day, which requires socialising with other children and being part of a group setting, when they have first become ill and require a course of antibiotics. Our policy, therefore, is to exclude children on antibiotics for the first 48 hours of the course.
- The nursery has the right to refuse admission to a child who is unwell. This decision will be taken by the manager on duty and is non-negotiable.
- Information/posters about head lice are readily available and all parents are requested to regularly check their children's hair. If a parent finds that their child has head lice we would be grateful if they could inform the nursery so that other parents can be alerted to check their child's hair.

Please note all children should be well in themselves and able to access to curriculum to be considered fit and well for pre-school. The management reserve the right to refuse entry or to call parents to ask them to collect